



**W**

elcome to the Summer 2023 edition of the CCC newsletter, which gives us the opportunity to reflect on the achievements of our college community this year. Our Mission Statement reminds us that we are *a community of learning and teaching where all members have the opportunity, and are expected, to reach their potential, where talents are nurtured, and positive relationships fostered through mutual respect.* This newsletter demonstrates how we honour our Mission Statement every day, through the various initiatives and activities that take place to support and enhance our students' learning, growth, and wellbeing, in a safe and inclusive environment.

Throughout the college, there is much evidence that our students are positively engaged as their teachers challenge and encourage them. Our 1st and 5th year students engaged in an initiative in success criteria allowing students to extend their learning and allowing teachers to ascertain how students manage learning intentions. Our 2nd year students had a busy year undertaking CBAs as part of their Junior Cycle, and our 3rd year students got their first taste of State Examination-style exams having sat the Preparatory and Pre-Examinations. This gives them ample opportunity to be fully prepared for their Junior Cycle Examinations and we wish them the very best of luck. Our Transition Year students benefitted from the academic, social, and personal development that goes hand in hand with our TY experience. I wish to highlight their work in the community as they proved themselves to be great role models for the students of the local primary schools.

Beyond the classroom, there has also been an abundance of highlights. I must pay tribute to our Under 15 Girls' Soccer team

**Principal's Address**

who won the All-Ireland final in March, and our Junior Girls' Basketball All-Ireland finalists. These girls exhibited remarkable commitment, determination, and resilience. I would also like to congratulate the winners of the Meihua Cup who will travel to China in the Autumn. There have been countless other achievements across the school in the areas of sport, music, drama, sustainability, and science, to name but a few, all of which are highlighted in this newsletter. We are very proud of our students for their engagement in college life and for their commitment to their own wellbeing. Equally, I would like to pay tribute to our dedicated staff who go to great lengths for the betterment of our students.

As the year draws to a close, it is almost time for us to bid farewell to our 6th year students who, as individuals and as a collective, have brought so much to our college. Our Leaving Cert class of 2023 is a wonderful group of young men and women with enormous talents and potential. We wish these students the very best in their Leaving Certificate Examinations and in their future endeavours.

It is a pleasure to work with such talented and enthusiastic students and hard-working staff, and the support of the Parents Association, the Board of Management, our friends and colleagues in Cork Education and Training Board and in the Diocese of Cloyne is really appreciated. I wish our students, staff, and all in our college community a safe and enjoyable summer break as we look forward to another fulfilling year with many opportunities for growth and development as well as opportunities to celebrate the gifts and talents of our students.

*Lorna Dundon*





## Newsletter Club

Once again, the talented members of our Newsletter Club have been working diligently for the past few weeks to write and gather exciting articles for our summer newsletter. We can't wait for you to dive into the wonderful content they have prepared! You'll find a variety of articles that capture your interests and showcase student perspectives. Not only that, but you'll also discover a collection of highlights from the school events that have taken place over the past few months.

Sending our heartfelt wishes of success and good luck to our 6th year students who will be taking their Leaving Certificate exams in June. We hope that you excel in your exams and embark on a bright future as you complete your school journey and embark on the next exciting chapter of your lives.

We would like to give a special shout-out to four members of our club who are about to take their Junior Cycle exams. We applaud your dedication and hard work during your busy year, and we have full confidence in you. Good luck!

As the school year comes to a close, we want to wish each and every one of you a joyful and



**Newsletter Team: Eliana Moroney, Juliette Creedon, Aisling Kelleher, Edan Leahy & Sarah Bernard**

rejuvenating summer break. Take this time to relax, recharge, and create lasting memories.

If you're interested in joining the Newsletter Club, we would love you to come along next year. New members are always welcome to contribute their unique ideas and perspectives. Wishing you all a fantastic summer!

*Ms. J. Hayes & Mr. F. McKermott*

## Meihua Cup Chinese Learning Competition

In 2020, the Nanjing Municipal Education Bureau and Jiangsu Foreign Affairs Office worked collectively with Cork ETB and Cork County Council to introduce the Meihua Cup Chinese Learning Competition to the students of Cork ETB schools. The premise of the competition was to encourage the use of the Chinese language and to reward the two winning teams of students with an eight-day educational and cultural tour of Nanjing, the capital of Jiangsu Province.

Eager to compete and following hours and hours of preparation and practice, our three inspirational TY students, Sharon Ike, Sarah Walker and Emma Covaci, progressed to the final round of the competition on 30th March, which took place on the top floor of Cork County Hall. The 12 finalists had to complete four tasks, including introducing themselves in Chinese, reciting a chosen poem in Chinese, explaining their interpretation of the chosen poem, and illustrating the implication of the poem they chose through a form of talent; the girls performed an inspirational Chinese dance routine.

As winners, Emma, Sarah and Sharon will travel to Nanjing and Shanghai in October, along with students from Coláiste Choilm, Ballincollig. These three ladies

will be fantastic representatives for CCC, Cork ETB and Cork County Council. It is especially important to acknowledge the hard work and guidance of the students' Chinese teacher, BeiBei Su, who offered incomparable support to the students. Well done girls, we are super proud of you.

*Mr. T. Long*



**Meihua Winners Sarah Walker, Sharon Ike & Emma Covaci**



# European Youth Parliament



European Youth Parliament (EYP) is a competition in which participants are placed in teams of five to eight members with a leader/helper to guide you and your team. In these teams you get a situation/problem to solve and each team have to come up with solutions to the problems. Each team has two days to complete each task. On the final two days teams propose their solutions to the other groups and the rest of the groups can challenge those solutions while the team tries to defend them.

Cork City hosted this year's event between the fifth and ninth of April. Run by past contestants each year, the event took place in City Hall.

To qualify for the national event, participants have to be selected from regional competition which for us was Munster. After the event I was selected for the national competition. During the competition I was in a group that had to come up with a solution about to how to prevent data centres from using up unneeded energy. My committee came up with plenty of great solutions for the final debate.

My role during the debate was in the opening round of questions. This is where other groups ask you questions, on-the-spot, about your problem. Contestants then have to answer in front of all other groups. It can be stressful but I don't mind public speaking. It was really enjoyable and I can't wait for next time I get go.



Matthew Bernard, TY

## Student Council

This year the student council has been incredibly busy. At the start of the year we had an incredibly beneficial meeting with a college lecturer called Donal Fleming who has a PhD in the student voice. He helped us form our student council and suggested we focus on three main goals for the school year.

The three goals our student council chose were restructuring the student council, setting up class captains and the new school. We restructured the student council by formalising our meetings, having set times for these meetings and simplifying the booklet that outlines our roles. We also increased our interaction with the student body by implementing a monthly form system for concerns and suggestions.

Class captains were set up for 1st years, they meet every 2nd Tuesday before our student council meeting on Friday. This makes sure the voice of 1st years is heard.

For our final goal we focused on the new school, the student council decided to advocate for a clubs room where extracurricular clubs could meet. The student council would also hang up a notice board so the school could be kept up to date with what the student council is currently doing.

Finally, this year we have digitised our minutes and made them accessible to students - this is a sustainability initiative that increases communication with the student body.

Eliana Moroney, 3rd Year





## Short Story: A New Beginning

James worked feverishly in the small hours of the morning, his shirt and jacket drenched by the rain, his hands numb and sweating and his heart beating fast, a battle drum providing inspiration for the war occurring in the heavens above. Lightning split the sky around the block of flats, thunder echoed through the narrow streets of the venerable city. A storm raged too, in his mind. He was close, so close, agonisingly close. The great work would be completed this very night.

As the strange fluid gurgled in the flask and the small, strange stone vibrated and shuddered in time with the storm raging above, James reflected. James thought about why he had begun the great work, how he had begun it. He knew of course, he had been thinking about nothing else for months now, ever since he had moved into his miserable flat he knew he didn't belong here, but he knew that it was deeper than that, this world was miserable and he didn't belong here. That was going to change tonight.

As he marked the roof below him with the sacred chalks his excitement built. "My ascension begins tonight" he whispered to himself "soon I shall abandon this form and leave this miserable place". He continued to draw the sacred symbol below him, the one he had learned from the ancient text he was currently looking to for instruction. That glorious and terrible book had taught him much. The sacred star hymns to sing, the names of the great ones to invoke and the nature of

beings who would receive him once he had ascended.

Almost everything was ready. He held the stone in his hand, it shook violently. He heard lightning strikes draw closer and closer. They had called him mad. Now he will leave them all in the dust. He gulped down the fluid. He held the stone up, he needed to abandon his weak and idiot form for something greater to undertake the great journey. The strikes were getting really close now, his eyes were watering from the nearby bright flashes. And then, he became something else.

Sarah had heard the lightning strike on the roof. She ran up the stairs. The elevator had already been disabled and she had to check the electricians. As she reached the aperture she slammed open the door, the thing she saw was beyond comprehension. It was indescribable. It was once called James. It felt the air and tasted the cacophony of the storm. It saw through all of its eyes overhead the wheeling string of fate flowing through the cosmos. It was in the star circle, marked with sacred chalk. It did not speak, for to speak one must have a mouth, nothing this creature possessed could be called a mouth. The words simply appeared on the air "Nqual, Hutyip, Jhantg tok mhgfagag chol nyugp tnnag srakag moqti". As these words appeared, time and space were split open. Sarah screamed, for she had gone mad.

Jamie O'Donovan

6th Year



# Music Department Update



The music department are proud to highlight some of the many events which took place this year. From the outstanding musical which took place in January to the visit to the school by a fabulous choir from Lisbon, Portugal during the Cork International Choral Festival in April, these are just a few examples of the exciting events that have shaped this busy year.

## Christmas Talent Show

20 fantastic acts took part in our Christmas Talent Show. From singers to gymnasts and from cello players to piano players, we were spoilt with a fantastic afternoon of talent and fun.

Well done to all who participated!



For Seachtain na Gaeilge, we held a céilí for all 1st and 4th Year students! Students learned three dances over the course of four weeks and all danced together on March 16th outside in our main Quad! Dances included Siege of Ennis and the Walls of Limerick



Céilí Mór - Seachtain na Gaeilge





# Portrait Painting Project 2023

Our Visual Art first year classes have completed canvas paintings that will join our ongoing works for our portrait exhibition on artwork. Each year the first year group completes a painting based on a famous artist, researching techniques and interesting facts.

The range of artists this year was very interesting from Monet to Takashi Murakami. These acrylic paintings are then added to our existing exhibition

that will travel with us to our new campus.

I have been very impressed by the quality of the canvas painting produced by our students and how much the students gained from the project.

Ms. C. Roche

*Student Quote: "Very relaxing and a unique experience"*

*Gabriella Budzan 1st Year*



# Lego Robotics Club



Well done to the *CCC Crafty Coders* from Lego Robotics club who competed in the First Lego League which took place in February in UCC.

As part of the SUPERPOWERED competition the students designed and coded a Lego robot to complete tasks on a complex Lego table. All team members worked very hard on the coding & design with Kai and Charlie leading the code implementation.

The team also completed a project on the use of water bottles, looking at the negative impact of single use water bottles on the environment and investigating the benefits of using reusable bottles as an alternative.

On the day of the competition Adam presented the project to a panel of judges, and Zach answered questions on it with the support of his team.

Following the presentation, Gabriella & David explained to the judges how a Lego robot works and described the steps taken to program the robot to complete the tasks included in this years competition. Alex showed the attachments built to aid with completing each task to the judges.

Next up, the team made their way to the robot table and completed as many tasks as possible in just 3 minutes to accumulate points, putting their coding skills and design techniques to the test.



The team performed very well and completed a number of the tasks. They did this in great spirits and showed real positivity and teamwork throughout. However, competition was tough and although scoring highly, the *CCC Crafty Coders* did not receive enough points to progress to the All Ireland final. Every student involved put in great effort throughout the competition, and can be proud of how well they represented themselves & CCC.

Looking forward to Lego Robotics Club starting up again in September and finding out our next challenge.

Ms. J. Hayes



**Back Row:** Alex Meehan, Adam O'Sullivan, Zach Flynn, David Lewis, Charlie O'Brien

**Front Row:** Gabriella Budzan, Kai Daly





# School Self Evaluation



Our school self-evaluation process this year spanned 4 key areas of focus:

## 1. Teaching & Learning

- Teachers across all departments worked on the creation & development of success criteria for topics across 1st and 5th year. Success criteria, by way of I can statements provide clarity on what is required to succeed in that topic.
- Teachers across all departments will work on the creation & development of these for topics across 2nd and 6th year in the next academic year.
- ‘Teach Meet’ sessions were held throughout the year where teachers offered their expertise across a variety of teaching methodologies/approaches to their colleagues.

## 2. Wellbeing

- We embarked on initiating the wellbeing promotion review and development cycle. We gathered evidence from students, parents & teachers and are in the process of analysing this data in an effort to identify a key area of focus for further development and subsequent improvement. Many thanks to all of you for taking the time to complete our survey. Thanks also for expressing interest in participating in focus groups in this area. These will commence in the next academic year.

## 3. Impact of Covid/the response to Covid

- We gathered data on the impact of Covid/the response to Covid.
- Actions taken / in process include re-introduction of class/year trips, success criteria to help guided learning and more varied methodologies to facilitate increased socialisation.

## 4. Subject Leadership

- Within all subject departments we worked on updating and developing department/short course plans across both Junior Cycle and Senior Cycle mindful of shifts in education and the post-Covid educational arena. This is a continuous work in progress & seeks to ensure consistency across departments & quality learning & teaching.

We continue our endeavours at improvement through a guided reflective and collaborative process.

“Excellence is the unlimited ability to improve the quality of what you have to offer.” Rick Pitino

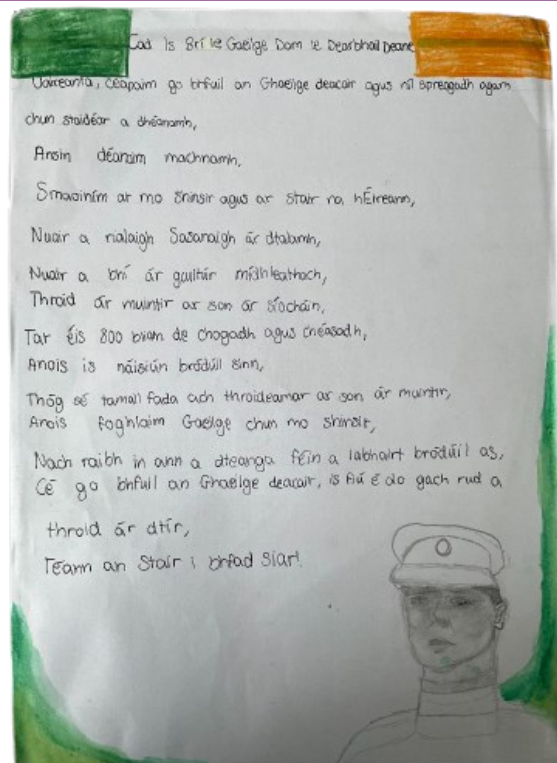
Ms. F. O’Regan

# Seanfhocail Gaeilge

Is minic a úsáidimid seanfhocal agus aiste á scríobh againn nó ceist á fhreagairt. Tá seanfhocail cloiste againn i ngan fhios dúinn, b’fhéidir go mbaineann ár seantuismitheoirí úsáid astú nó b’fhéidir go bhfuil siad feicthe againn sa nuachtán. Pé scéal é, is slite deasa iad ár bhfoclóir Gaeilge a fhorbairt.

An féidir leat na seanfhocail seo a oibriú amach le cabhair emojis ?

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2. ☁️ 😞 😊
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## Comórtas Filíochta

Left: Winner of the poetry competition from Dearbhail Deane (3rd Year) about the importance of Gaeilge to her.







# Bród Club (LGBTQ+ & Allies Group)



Following a very successful Stand Up Awareness Week in November, the CCC Bród Club was established. Our aim was simple: to provide a safe and welcoming space for all members of the LGBTQ+ community and their allies. Once a month, we hold an informal lunchtime drop-in where students come to chat and support one another. The success of the club and the positive feedback we have received is testament to the characteristic school spirit of CCC; a place where all are valued and included. We look forward to growing our club next year and having more frequent gatherings; new members are always welcome! If you would like to reach out and discuss Bród Club you can speak to Ms Howard or Ms Roche.

**Note:** June is Pride Month so watch out for activities and events being held across the county and country.



## What our members have to say about Bród Club:

*At the Bród Club, all allies and LGBTQ+ members are welcome to come down! If you want to help us organise events like LGBTQ+ Awareness Week, then feel free. If you want to simply chat to others who support you for who you choose to be, then you certainly can. Please keep in mind that the meet will not happen every week. Even if you want to visit just once to see what it's like then don't feel any shame or embarrassment in it. All are welcome.*

*Kai Daly, 2nd Year*

*Bród Club is a group of supporters of the LGBTQIA+ community. In this group we discuss many LGBTQ related topics like how to spread awareness. But we don't just discuss, we take action for our community. Some examples of things we are doing are: making posters, games, holding meetings and much more. The members and teachers involved in Bród Club run Stand Up Awareness Week.*

*Not all the meetings are just talking about LGBTQ but often times they happen to be more well-being check-ups. This basically means that we discuss more personal news/events. These include plans, problems, solutions, etc.*

*In this group we support and bring awareness to the LGBTQ+ community.*

*Kamila AH Lagocka, 1st Year*

# ETB Core Values and Ethos



Over the last 10 years ETBI have undertaken an incredible amount of work

to understand the ethos underpinning life in their schools. Through this process the ETBI Patrons' Framework on Ethos has been developed by ETBI and Dublin City University (DCU). This framework helps to provide school communities and other relevant stakeholders with a common understanding of the ethos of the ETB school sector.

During the development of the framework a Core Value Review Process was undertaken. This process defined the following statement which can be made

about all ETB schools:

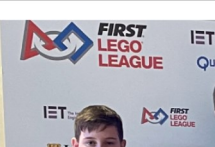
ETB schools are state, co-educational, multi-denominational schools underpinned by the core values of:

- Excellence in education
- Care
- Equality
- Community
- Respect



It is evident that these core values are embedded in our everyday life within the school. In an effort to highlight these core values and gain a common language and understanding we have: taught classes on ethos and core values, undertaken surveys, held an ethos week and hosted Heritage Day.

*Ms. M. O'Brien*





# Debate Club

by Adrian Corzo, 3rd Year

Debate club is one of many after school clubs available at CCC. It runs Mondays after school from 3.15pm to 4pm in P15.

Debate club consists of a few main parts. Firstly, there is the actual debate which is when two teams with two members per team argue a motion/topic (e.g. same sex schools should be abolished). One team is the proposition and wants the motion to go through or win and the other team, the opposition argues why the motion should not win.

Meanwhile, three adjudicators pick a winner based on speaking skills, research done and overall quality of the points in their speech.

During the debate, each member takes turns reading from their pre-planned speeches, while a timekeeper makes sure no one takes longer than two minutes per speech. The captain of each team for the week goes twice: once at the beginning and once at the end of the debate.

After the debate, a new motion/topic is chosen for next week's debate. Then, a walking debate is held where the whole club moves to different sides of the room based on whether they agree, disagree or don't know how to feel about the chosen motion. They then take turns arguing their reasons for being where they are in the room.

Overall Debate Club is a fun environment always open to new members seeking to improve their public speaking skills and is highly recommended.



# 1st Year Maths

Ms. O'Regan's first year Maths class had great fun completing a Maths Hunt around the campus requiring students to unravel the clues to determine their next station while also solving maths problems & showing their workings at each station. The rain did not dampen their spirits or competitiveness as they worked together in their pairs to solve as many problems as possible. Well done to Adam O'Sullivan and Joshua Mwimba-Lema who were fastest back with most correct answers!

#managinginformationandthinking #stayingwell #workingwithothers

Ms. F. O'Regan



# Book Club

The CCC Book Club began in January and Soman Chainani's *The School for Good and Evil* was the first book we read, with two chapters a week covered at home before it faced club dissection.

In a final battle, Eliana defends the book that meant so much to her while Juliette offers a critique of a book that the club was happy to abandon before its end.

Mr. F. McKermott



## Review of *The School for Good and Evil* by Soman Chainani

**What are your thoughts on *The School for Good and Evil*?**

I found *The School for Good and Evil* to be a very longwinded and predictable story that is masked by overly elaborate writing. The book itself is 500 pages long; by the time we had reached page 300 all I knew about the world is what it looked like. Two thirds (if not more) of the book was spent developing a world with little to no plot development. As for the characters, they all fit predictable stereotypes both physically and emotionally. Agatha is presumed to be the evil character because she's introverted and wears black. Sophie believes herself to be the purest saint because she's blonde and wears princess dresses. Despite the magical school telling them that their perceptions of themselves are wrong, they refuse to recognise it. To conclude I found the book to be full of overused tropes, the characters aren't relatable and the plot is lacklustre and slow.

**Are you inspired to read the sequel based on the book?**

No. I couldn't even bring myself to finish the first novel. It was difficult to read. As an avid reader I found myself dreading the two chapters that I had to have read per week. As well as the reasons I stated above I believe I am past the age demographic intended for this book. Therefore, I have no interest in reading the rest of the series.

**Do you have any questions for the author, Soman Chainani?**

I would like to ask him what age demographic he was writing for. I could easily see myself enjoying these books when I was 10-years-old, as the story seems quite juvenile, however the quality of his writing is so high I can imagine a 10-year-old needing a dictionary to understand the novel. I'd also like to ask him if he wrote the novel as a standalone or if he had a full series in mind. The book seems to go on and on without any plot development so I wonder was the first novel intended to be a set up for a full series.

**Are you Sophie or Agatha?**

I personally believe that, while I dislike both protagonists, I identify with Agatha slightly more. She's the more rational and kind of the two protagonists (even though she isn't bright enough to spot it). She is the first of the two girls to think that maybe the magical school's assumptions of their personalities may be correct. However, I don't find either of the characters relatable in any way.

*Juliette Creedon, 3rd Year*

**What are your thoughts on the school for good and evil?**

I was eight when I first read the school for good and evil, of that day I have two memories. The first is picking it off the shelf for the first time and the next is about 3 hours later still reading avidly while my parents tried to navigate me through cork. The book at first glance has a simple, predictable plot but the meaning is much more than that of a simple fairytale plot. This book forces you to contemplate initial prejudice by appearance and your own self image.

**Are you inspired to read the sequel based on the book?**

Yes, I am inspired- and I have. All. six. of. them. The ending of the first book could be viewed as the end but each book has a completely different manipulated social hierarchy to the last, the way the first book directly leads into this drastic change led me to be inspired to read the next one...and the one after that.

**Do you have any questions for the author, Soman Chainani?**

I would love to know what brought him to want to reflect today's society in a universe so vastly different? I would also love to know where the two main characters came from, are they based on people he knows or are they both supposed to be in us all to a certain degree? Chainani has a history in folklore having completed his thesis on why women make such good fairytale villains- this makes me curious, Are our main characters supposed to be villains or just perceived as so?

**Are you Sophie or Agatha?**

When I was younger, I always identified with Agatha, she was the obvious choice for a role model and the most relatable character in both personality and appearance. However, in recent years as I've reread the books- probably too many times- I've realised that I share a lot of traits with Sophie- in fact I believe a lot of us do. Everyone want to believe there is more waiting for them, and many people are willing to work and sacrifice for this dream. Sophie is perceived as vain and shallow, but this is only because she is contrasted against Agatha's character arch where she flourishes into someone with a newfound self-worth. Sophie already knows her worth- there is nothing wrong with this. While I do not agree with her actions, I understand her ambition.

*Eliana Moroney, 3rd Year*





# Creative Cluster

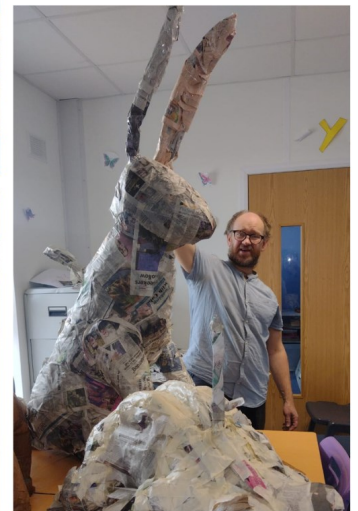
CCC has been accepted to be part of a Creative Cluster with Scoil Mhuire Naofa and Scoil Chlíodha CNS. We are collaborating on a Creative Sculpture project and these creative works will move with us to our new shared campus and they will form installation pieces in each school.

We have been working with the artist Tom Campbell to facilitate workshops in drawing where all the students in CCC got to use a variety of drawing and painting materials. It was amazing to see all the wonderful creative talent in CCC. Tom worked with our TY group creating papier mache Irish wildlife animals. These animals turned out well and they were much bigger than we expected. We used the drawings as finishing touches on the sculptures and this was a sustainable way of using the products of the CCC drawing workshop and tying it together with the sculptures.

Tom was a pleasure to work with and even played his ukulele and sang songs during the workshops.

<https://tomcampbellart.com/>

Ms. C. Roche



# Meditation

Meditation classes continue to take place every Friday morning from 8.15am to 8.30am in P12. Mr. McCarthy is facilitating a meditation group aimed at supporting our student's wellbeing which will help the students develop the tools necessary to cope better with life's everyday challenges.





# History Department Update

The History Department have been busy throughout the school since returning from the Christmas break, with activities such as commemorating the anniversary of the first flying of the Irish tricolour, engaging in classroom-based research projects and celebrating Women’s History Month.

First and second year students celebrated women in History by creating posters of inspirational figures who have had a significant impact on history. Posters created acknowledged the contributions of women like Rosa Parks, Cleopatra, Josephine Butler and Sally Ride to name but a few. Third year History students then judged which posters they deemed to be the most creative and informative before displaying these on History notice boards around the school.

March also saw the 175th anniversary of the first raising of the Irish tricolour by Thomas Francis Meagher, the then leader of the Young Irelander movement, in Waterford City. The Irish flag represents a coming together of the Republican and Unionist communities in peace. Third Year History students reflected on what the flag and Irish identity more widely meant to them and found quotes from History to represent these reflections. Students then used coloured paper to visually recreate the Irish flag

together. These reflections have been kept as a record for the school to look back on this momentous commemoration. Third year students also took part in a flag related quiz and all Junior Cycle students received a special commemorative pin courtesy of the Thomas Francis Meagher Foundation.

As we reflect on a great and historical year, we remember the words of George Santayana and the importance of studying History; “Those who cannot remember the past are condemned to repeat it.”

*Ms. R. Browne*

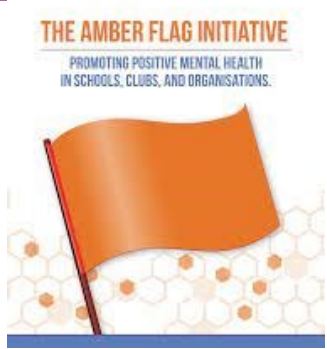


## Amber Flag Committee

The Pieta Amber Flag Initiative recognises the individual efforts of our school to create a healthy, inclusive environment that supports mental well-being. The Amber Flag committee in our school is a group of students and teachers who work to follow this initiative. The Amber Flag committee strives to spread awareness about positive mental health and encourages everyone to treat each other with kindness and respect.

<https://www.pieta.ie/contact/>

*Ms. C. Roche*





## THE NEW SCHOOL

By Sarah Bernard

A meeting somewhere in 2012:



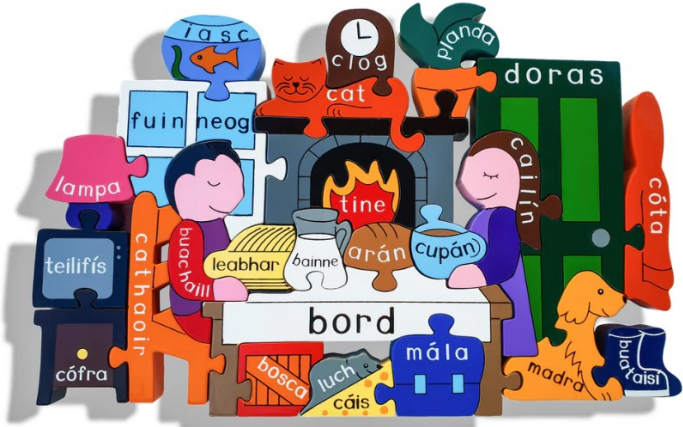
The End.  
Thank you for reading!



# Gaeilge I n-Ár Shaol (Irish in our lives)



Sa lá atá inniú, bheadh deacracht agat duine a aimsiú ag labhairt Gaeilge ar scoil agus sa bhaile i mbealach neamhfhoirimiúil. Ar scoil, nuair a smaoiníonn daoine ar an nGaeilge, smaoiníonn siad ar obair bhaile chrua agus scrúduithe casta. Cé go bhfuil iarrachtaí na múinteoirí ag iarradh dul i ngleic leis an dearcadh sin, déarfadh go leor déagóirí gurb í an Ghaeilge an t-ábhar níorb ab fherr leo. Cuireann sé seo an cheist: An bhfuil ár dteanga an laige is mó atá againn? Anois, fuaimíonn an líne seo an-diúltach agus drámatúil, ach creid é nó ná creid, tá sé fíor! Tá fadhb mhór againn leis an mbealach ina mhúinimid ár dteanga féin. Is í an Ghaeilge, an t-ábhar is gaire dár gcroí, an



na Gaolúinne amach anseo. Bheadh muintir na hÉireann níos láidre amach anseo. Bheadh innealtóirí, eolaithe, ealaíntóirí agus airgeagóirí níos fearr againn. Anuas air sin, sílim gur cheart dúinn a bheith bródúil as ár dteanga. Is gné an-tábhachtach dár n-oidhreacht í an Ghaeilge. Ní raibh ach Gaeilge amháin ag ár sínsir fadó agus ansois tá sé mar dhualgas orainn an Ghaeilge a chaomhnú. Dar ndóigh, tá a fhios agam go bhfuil cuma do-dhéanta ar an scéal, ach, is féidir linn spraoi a bhaint as an nGaeilge. Is bealach iontach í seachtain na Gaeilge, an teanga a úsáid mar bhealach suaimhneach agus taitneamhach le gníomhaíochtaí ar nós:

laigeacht is mó dár gcuraclam acadúil. Tógann an brú a chuirtear ar mhic léinn a nGaeilge a bheith cruinn go caighdeán foirmiúil, an spraoi (agus an bród) ón dtaitneamh a bhaineann leis an teanga a labhairt. Mar sin féin, ba cheart do labhairt na Gaeilge a bheith ina ghíomhaíocht ar féidir le daltaí sult a bhaint as. Mar shampla, agus mé ag suí anseo ag scríobh an ailt seo, mtháim i bhfad níos suiamhí agus níos muiníní as mo Ghaeilge toisc nach bhfuil grád ag dul ar mo chuid oibre. É sin ráite, tá taobh dearfach den scéal. Pléifimid cuid de na nithe is fearr a bhaineann le labhairt na teanga. Ar dtús, dá dtosódh daoine ag labhairt Gaeilge agus Béarla ar bhonn laethúil, is mór an tairbhe a dhéanadh sé don tír. Dé réir na statisticí, bíonn daoine dátheangacha níos éirmíúla ná daoine aonteangacha. Déir na sainéolaithe, bíonn daoine a labhraíonn níos mó na teanga amháin in ann fadhbanna a réiteach níos fearr, agus bíonn siad níos cruthaithí. Má fhorbraímid an Ghaeilge mar ábhar, bheadh níos mó daoine ag labhairt

céili, scannáin agus comórtais. Deanaímid staidear ar ábhair ar nós sphe agus espe chun sinn féin a fhorbairt mar dhaoine aonair go sóisialta agus go cultúrtha, b'fhéidir gur cheart breathnú ar an nGaeilge mar an geólanna. Is mór an tábhacht a bhainnean leis an teanga Gaeilge, is féidir linn an Ghaeilge a úsáid mar ábhar forbartha, chun sinn féin a fheabhsú tuilleadh mar dhaoine, go hacadúil, go cultúrtha agus go sóisialta. Ba cheart dúinn a bheith ag foghlaim na Gaeilge chun ár leasa féin. Chun ár bhfás. I gerích, is maith dúinne go pearsanta agus le chéile mar thír an Ghaeilge a fhoghlaim agus a labhairt, cé gur féidir le labhairt na teanga a bheith deacair, is féidir í a bheith mar shaothar ghrá. feabhsaíonn sé ár n-éirim, saibhríonn sé ár gcultúr agus tugann sé rud atá uathúil d'Éirinn amháin. ar deireadh thiar thall, níl mo Ghaeilge go hiontach, ach is breá liom é, agus ba chóir duitse freisin!

Aisling Ní Chéilleachair

## Foclóir

Neamhfhoirimiúil .....	Informal	Laige.....	Weakness
Curaclam acadúil .....	Academic curriculum	Muinín .....	Confidence
Dátheangacha .....	Bilingual	Muintir .....	Population
Innealtoirí .....	Engineers	Ealainí .....	Artists
Airgeagóirí .....	Inventors	Sóisialta .....	Socially





# Musical Theatre Club

by Edan Leahy, 5th Year

At the start of this academic year, the Musical Theatre Club began work on it's second production: *The Story of Belle*. The club had a lot of work to do if they wanted to match the level of the previous production, so the race was on!

Auditions were hosted in the musical theatre club and after a week, the cast was selected for the play. The stars consisted of students from almost every year, mainly 1st and 5th year students. Following this, rehearsals took place over the course of a few months, slowly piecing together every scene, and slowly building up to the full show. After a lot of hard work, the students were ready to perform on stage.

The week leading up to the performances was packed with final run-throughs, costume checks, and all the other preparations necessary for the performance to play out perfectly. Students were geared up with microphones which they would share with the transition year students for their show, *Groovy Nights*. Finally, after all their hard work, doors opened for guests from Scoil Mhuire

Naofa, Scoil Chlochair Mhuire, and Scoil Cliodhna! The performance went off without a hitch and the primary school students loved every moment. Three more shows were held in total that evening and the next day. The cast and crew were overwhelmed with joy to watch the performances go as successfully as it did, and their hard work paid off!

However, the tale doesn't end there. One month later, Carrigtwohill CC got in the festive spirit and partook in the St. Patrick's Day Parade on Main Street. The school's float consisted of students from the Musical Theatre Club and Transition Year, who were in full costume of their roles from their respective performances. Each float was singing along to the soundtrack of their show, and it was great entertainment all around! The hosts of the parade must have thought this too, because Carrigtwohill CC received the prize for best non-commercial float! This brought the school €250 and a lovely little award to take home. Now what a story that is to tell!

## TY Cast of Groovy Nights





# School Musical

by Aedín Ahern, 1st Year



The show for musical theatre this year was *The Story of Belle*. Auditions took place in October in which everyone had to perform a scene from a musical with a song. Once the auditions were finished, the cast list was announced, and we got straight to rehearsals. We practised from October up until the show in January. The rehearsals were fun; we just ran the show over and over again but we had funny moments while we rehearsed. Dress rehearsals were fun as well; everyone had incredible costumes like the teapot, teacup and the wardrobe!

In the Community Centre, we performed a matinee performance for the local primary schools and the current first years, along with two sell out evening shows. We have many amazing memories from practises, rehearsals and the show in general. I thoroughly enjoyed

the experience. On the actual night, I got a bit nervous but it was actually fine as everyone was in the same boat. We made so many memories those two nights. Everyone became great friends.

Everyone did so well in the show - they all were amazing actors. It was a once in a lifetime experience and we were all rooting for one another. Everyone made me really proud and I can't thank Ms. Kelly and Ms. O'Brien enough for making all of it happen.

Following the show, we were in the Carrigtwohill parade for St. Patrick's Day which was so much fun as well. We blasted music from the show, wore our costumes and waved to the locals as we won best non commercial float.

## Cast of The Story of Belle





# Lip Sync Legends

As part of fundraising for equipment for our new school campus Carrigtwohill community hosted a Lip Sync Battle. This event included staff of the three schools, Scoil Chlíodhna Community National School, Scoil Mhuire Naofa, and Carrigtwohill Community College and members of the community all coming together to create a memorable event for all to enjoy. The sell-out event was held in the Clayton Hotel Silver Springs on Friday, March 10. It raised an astonishing €97,000 to be split amongst the three schools. We will be forever grateful to all those that helped out.

A special mention is due to the staff and parents that were involved both in the dancing and organising of the event: Lorna Dundon, Niall McCarthy, Bláithín Kiernan, Ciara Kelly, Mary O'Brien, Mary O'Connor, Dawn Tynan, Aileen Caffrey, John Joe Harte, Barry Walsh, Norman Walsh, Lorraine O'Connell, Johnny McGrath and Jason O'Connor.

*Ms. M. O'Brien*



# Heritage Day



As part of ETB week CCC and Scoil Chlíodhna came together to celebrate the diversity in our community with Heritage Day on 1st March in the Carrigtwohill Community Centre. Our aim was to embed our core values by embracing our community, promoting equality, displaying respect and care and deepening our knowledge of the cultures around us.

The day was very successful and we had the pleasure of Niall Mulpeter (ETBI) and Anne O'Donovan (Ethos Co-ordinator for Cork ETB) joining us on the day. Niall gave a speech on the importance of embracing our differences. He highlighted the unique situation we have in Carrigtwohill as ETB schools and a community national school will share a single campus.

The students did phenomenal work preparing for this day with work based on their own heritage. They created a stall to look at different elements of the culture which included flags, artwork, clothing, celebrities, history, facts, music, food and dance.

Ms. M. O'Brien





# Carrig Climate Club

Carrig Climate Club is a collaboration of students who want to actively make a difference in our community by raising awareness and taking action to help out our environment. This year, our school was selected to take part in the All Schools for Climate Action (AIS4CA) initiative, which was founded by Cooperation Ireland, EcoEd4all, the Education Authority of Northern Ireland and Alison with the aim of promoting education all over our Island in regards to our current climate and the changes it is undergoing as a result of human activity. This initiative strives to get the young people of Ireland involved in altering the concerning course our planet is taking by creating a Climate Action Plan, and the students of our school were more than interested in being part of the solution to Climate Change.



**Ms. Lordan, Sarah, Edan, Eliana & Aisling attending the AIS4CA initiative in Belfast**

After attending an introduction course to the AIS4CA programme in Meath, last September, our members made quick work of drafting our own Climate Action Plan: Re-wilding our school's biodiversity. In more recent years, our school has become less of a home for native plants and animals to thrive due to the increase of manmade infrastructure, and we wanted to fix this. Our plan involves up-cycling old palettes into planter boxes which we would then fill with soil and bark mulch. Native plants and flowers would be planted in these boxes, such as butterfly bush, hebe and lavender to help out the species in our local ecosystem. This in turn would increase the oxygen in the area, directly benefiting us as humans too.

In February, Aisling Kelleher, Eliana Moroney, myself, Edan Leahy and Ms. Lordan attended the AIS4CA Cross-border initiative in Belfast,



**Eliana, Edan & Aisling presenting at the AIS4CA initiative in Belfast**

in order to present our Climate Action Plan to other schools across the island as well as listen to the other ideas that Irish students had come up with. The conference also involved keynote speeches from professors and activists, and a panel where students could ask the speakers questions. It was a really insightful trip, and we returned to Cork with new knowledge, ideas and a more solid plan of action.

Now, we are working on assembling our planter boxes, with the help from Mr. Lynch and the rest of the school. So far we have one planter box completely finished and we hope to have two more assembled by the end of the year! While our Climate Action Plan is drawing to a close, Carrig Climate Club will have plenty more work to do in the new school next year. If you are interested in helping out our local environment and spreading awareness about the current state of our climate, you are very welcome to stop by! A huge thanks to all those who have been helping out with the initiative so far.

*Sarah Bernard, 3rd Year*



**Completed Planter Box assembled recently**



# Senior Cycle Home Ec. Students Foodie Field Trip



CCC Senior cycle Home Economics students and teachers wrapped up the academic year with a foodie fieldtrip in East Cork! The trip included a visit to Ballymaloe Cookery School and gardens, and Rostellan family farm and shop. On arrival at Ballymaloe, we were greeted by one of Ballymaloe's top chefs, Rory O'Connell, and were given a very informative and interesting tour of the many vegetable and herb gardens and glasshouses with Ballymaloe tour guide Rosaline. The students saw a variety of crops, herbs, salad greens and exotic fruits, which are cultivated on the farm. The students also managed to get a glimpse into the workings of Ballymaloe cookery school, which provided an interesting insight into the many culinary careers open to our students.



We then travelled on to Rostellan, where we were kindly hosted by Joe and Olivia Morissey at their family

business Rostellan farm and farm shop. On arrival, we were warmly welcomed by Olivia, who explained their recent expansion of the farm, and how they have diversified their business by opening a farm shop. Next, we were given a tour of the Milk Dairy, by Joe, who gave the students an understanding of the complexities of milk production and processing first hand. What the students found most interesting is that Rostellan Farm pasteurise their own milk and sell it from their state-of-the-art milk vending machine on site, which is one of the very few in Ireland! Lastly, students were treated to a milk tasting which included a range of creamy fresh milk and naturally flavoured milks available at the farm. Flavours included mint, strawberry, banana, and chocolate flavoured milk, which were greatly enjoyed by everyone! Before they left, students had the opportunity to purchase a few delicious artisan treats in the farm shop, which were a highlight.

All in all, a great day out was had by all, students and teachers alike and it was agreed that we are so lucky to have such fabulous food producers on our doorstep! We are grateful to Ballymaloe and Rostellan farm, for enabling students to experience the links between food sciences, the Irish food industry and consumer aspects of the Senior Cycle Home Economics course. We hope this field trip will become an annual event for CCC Home Ec. students!

Ms. A. Daly



## Home Made Strawberry Lemonade Recipe

### Ingredients

- 175g sugar
- 400g strawberries, hulled and quartered, plus extra whole strawberries to serve (optional)
- 200ml freshly squeezed lemon juice (the juice of about 4-5 lemons)
- Ice, to serve

### Method

1. Tip the sugar and 1 litre water into a saucepan over a medium heat and heat, stirring, until the sugar has dissolved. Remove from the heat and leave to cool completely.
2. Put the strawberries in a blender and blitz to a purée. You can strain this through a fine mesh sieve to remove any seeds, if you prefer.
3. Tip the strawberry purée into a large jug with the sugar water and lemon juice, and stir to combine.
4. Pour into glasses filled with ice and serve garnished with whole strawberries, if you like.

Will keep chilled for a day.



CCC Home Economics Department





# Transition Year - Roundup of Class 2022-2023

Below are the accounts of our TY students on the many activities and trips which they have been involved with throughout the year... and, wow, what a busy year it has been - see overleaf for pictures of TY activities

## Ice Skating in Fota – *Billy Keating*

One day during winter, the TYs bundled up in their warmest clothes and set off on a chilly adventure. Their destination? The Alpine Skate Rink at Fota! With great excitement and joy filling the cold air, the students laced up their skates and took to the ice. Some were experienced skaters, while some others wobbled and stumbled. Despite the falls and bruises, the students had a blast. It was a fun-filled afternoon of bonding, exercise and pure winter joy!

## Work Experience – *Matthew Bernard*

For my first work experience placement, I went to Scoil Mhuire Naofa primary school in Carrigtwohill. I wanted to go there for work experience because it was my old primary school, and it was going to be nice seeing all my old teachers. I started on the 14th of September in second class. I mainly helped the children with learning disabilities such as dyslexia, or helped organize games or P.E. I also helped some of the SNAs with children who have autism or are mute. I really enjoyed working at the school and

with the children and I am looking forward to working with them over the summer.

## The Greenway – *Sam Allen*

We set off on Thursday the 23rd of February to Dungarvan to begin our adventure. We landed in Dungarvan and got saddled up on our bikes. We then began peddling along the beautiful greenway. We saw many incredible sights along the 20KM journey, from fields of cattle to coastal cliffs our eyes feasted on the beauty of the greenway. At long last we landed in Kilmacthomas, we fell in the doors of a restaurant just beyond Kilmacthomas and indulged in the delicious food. That concluded our trip on the greenway.

## Barcelona Trip – *Cathal Walsh*

On Monday the 17th of March, the TYs made their long-awaited trip to Barcelona, leaving Cork airport at 6.30am and arrived in Barcelona at 8.30am. When we arrived, we went onto buses and got a tour of Barcelona city. We then went to the Nou Camp, home of FC Barcelona and it is the largest stadium in Europe. On the second day we went to





Montjuic Castle and got to see some fabulous views of the coast of Barcelona. We then went to a science museum which was packed with interesting interactable exhibits. On day three we went to Port Aventura, a giant theme park just 15 minutes away from the hotel. There was a wide range of roller coasters and other types of rides to go on. There were also lots of little gift shops and ice cream shops there. Overall, there was nothing but positive comments by all. On the 20th we left the hotel to go to the airport. We began our flight back to Ireland at 4.30pm and arrived back in Ireland at 6.45pm. The trip was a very enjoyable overall.

#### **Driver Education – Sam Allen**

Driver Education with the Irish School of Excellence was an educational, fun and interactive activity. We started with being taught all the vital basics of owning and maintaining a car. From checking the oil level to changing a tyre. We then were given the opportunity to drive a car. It was challenging for many, but learning to balance the clutch and basic car positioning is vitally important and we all had a good grasp of it by the end of the day. We then went into the classroom and did some work on the Driver Theory Test and Hazard Perception Tests. Overall, it was a great experience for all of us.

#### **Visits to Primary Schools for Community Care – David Tanase**

Going to primary schools around the community during May was a great experience. I went to Scoil Chlíodhna for the first time as part of our way of helping and giving back to the community. We arranged a few games to get the infants to play, in groups, prior to going to the primary school. My group had arranged two games. Stuck in the mud and red light, green light. When we got there, the students were excited to see what they were about to do. Overall, the infants did enjoy the games that we arranged for them to play. From our side, I would say it was an enjoyable experience, seeing infants happily playing and enjoying something you've arranged for them gives a certain feeling of satisfaction. Overall, it was a nice experience and the infants enjoyed having people other than their teacher, working with them.

#### **Filmmaking – Shane Donovan**

In filmmaking, we made a movie, and they showed us how the camera works; the settings and how they affected the lens & quality. The movie was about a girl who thought everyone was watching her, but it was only a dream. The filmmaking group went to Youghal cinema in April for the screening of our movie. We also got to see short films made by groups from lots of other school. We really enjoyed this experience.

#### **Nutrition Talk – Denis Walsh**

Paula Duggan came to school to teach our TY group about simple nutrition habits to benefit our overall health and well-being. She spoke a lot on the misconceptions around protein in particular. She also gave great insight into how to prepare before matches and training, explaining which foods to have to maximise performance.

#### **Meihua Cup Chinese Learning Competition – Sharon Ike**

Emma Covaci, Sarah Walker and I volunteered to enter the Meihua Cup Chinese competition in school having enjoyed learning Chinese as part of TY with our Chinese tutor, Beibei. For the competition we had to complete four tasks. We had to introduce ourselves, in Chinese, recite a Chinese poem, explain the interpretation of the poem in English and finally we performed a Chinese dance to show the interpretation of the poem. The dance was our favourite part. In the weeks before the competition, we spent hours learning the Chinese poem, under the guidance of Beibei. In the preliminary round, the judges gave us some feedback which we took on board for the final round.

We were over the moon when we were awarded first place in the competition, which took place on the very cool Vertigo floor of the County Hall. We were rewarded with an eight-day visit to Nanjing, China. We will be travelling to China in October, a once in a lifetime opportunity and one which will be very memorable, I am sure.

#### **TY School Musical – Praise Tamar DOE**

A highlight of my TY was performing in our school musical, *Groovy Nights*. Preparations began immediately in September. Our teachers got us to work on some dancing and singing and told us that everyone would audition for a part in the show. So many of us were very anxious about the thought of being on stage but stepped out of our comfort zone and took part in auditions. The day the parts were announced was exciting, big cheers filled the room for everyone, the serious business of rehearsals followed shortly after. Our backstage crew worked very hard on props, costumes, back drops, tickets and programmes for several weeks.

Final preparations took place after Christmas and with the news that tickets were sold out for both of our evening shows, the nerves began to creep in again. The opportunity to perform two matinees for our local primary schools really helped us put the finishing touches to the show and to calm the nerves. Performing on stage in front of so many of our friends and family with all my classmates was the best experience. Our TY show really helped us to bond as a group; we were all rooting for each other. It will forever be a great memory for this year's TYs.





## Thrilling Penalty Shootout Competition Electrifies 1st Years

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In a spirited display of skill and sportsmanship, our first-year students recently engaged in an exhilarating penalty shootout competition. Taking place on the school's astroturf pitch, the atmosphere was charged with anticipation as the students prepared to step up to the penalty spot.

The players confidently approached the ball, aiming to outwit the determined goalkeeper Adam Lee (2nd year). The cheers and encouragement from their classmates echoed throughout the event, creating an electric ambiance that fuelled the participants' determination.

Each penalty kick brought forth a rollercoaster of emotions, with some shots finding the back of the net with precision, while others were spectacularly saved. The spectators watched in awe as the players displayed their technique and composure in the face of a nail-biting challenge.

*Left to Right:  
Jakub Siska (Runner Up)  
Jack Lombard (Winner)  
Stephen Comerford (Runner Up)*



The competition witnessed intense rounds of penalties, ultimately culminating in a dramatic final shootout between the top-performers. Ultimately, it was the Jack Lombard from Rang Fiadh that emerged triumphant, having demonstrated exceptional skill and nerves of steel. However, every participant showcased incredible sportsmanship and resilience throughout the competition, reminding everyone that the joy of the game lies not only in victory but also in the camaraderie and shared passion for sports.

Mr. G. Burke





# Leaving Cert Class 2023

Good Luck



*Above: Leaving Cert Class 2023 with Mr. G. Burke, Year Head & Ms. L. Dundon, Principal.*

*Left: 6th year students making the most of the snow earlier this year!*

*Best of luck to all students in the upcoming Leaving Certificate Exams*



## Voxpop - Is Gaming Bad for You?



As students approach the summer and end of term exams, time is more valuable than ever. Studying and classwork should obviously be top of a student's list of priorities as the pressure builds to get the best grades possible.

However, some students, as they fend off their inevitable procrastination, feel the overwhelming urge to reach for their - insert console name - controller and escape to a virtual world free of exams, studying and stress. Such is gaming's popularity that the PS4, despite being initially released over a decade ago still retails for over €200. In fact, over 1 million PlayStation 4s sold across Ireland, meaning that 1 out of every 5 people in the country has bought a PS4.

This obsession doesn't just apply to console users. In 2012, the popular PC game Football Manager was cited as a main reason for 35 divorces in the UK alone in a single year.

Gaming is also often blamed for teenage violence and concentration issues. The question remains;

is gaming itself bad for you?

Of the students questioned, 50% believe that gaming is fine and 50% believe that it depends on factors such as the age appropriateness of the game. According to Jack Maher, the personality of the gamer is an important factor; "It depends what type of person you are and if you're likely to try and replicate what's in the game".

Of the teachers questioned, 100% believed that gaming is fine in moderation as a form of entertainment. As Mr. D. Power suggested, "if it's not going to be gaming it's going to be something else".

A 2019 study cited procrastination as a coping mechanism as opposed to a symptom of laziness, saying it was a way to battle anxiety, insecurity, and self-doubt.

Gaming seems to be a student's best way of escaping the pressures of teenage life but needs to be limited and blended with exercise and fresh air.

*Mr. F. McKermott*

# Gaisce Bronze Awards (President's Award)

Gaisce – the President's Award is a self-development programme that encourages students to get active, find passion, be part of a team and make a difference in their community, all while having fun and making new friends. It is a direct challenge from the President of Ireland, Michael D. Higgins, to all young people to dream big and realise their potential.

This year CCC had a large uptake of students participating in the Gaisce Bronze award and we are currently wrapping up our group for this year. To receive a Bronze Award, participants must complete 13 weeks of community involvement, personal skills, physical recreation and an overnight adventure journey. Our adventure journey this year took us to on the Greenway in Waterford with an overnight stay in Bunmahon. It was a great success and everyone had a great time even though they were exhausted from all the activity.

Well done to all those who have completed and are continuing to participate in this difficult challenge. We are hoping next year we will have an even bigger uptake as the Gaisce award is a great way to encourage students to get involved with their community and take ownership of their own leadership skills and lifelong learning.

*Ms. C. Roche*



# CCC Camogie

Our junior camogie team had a fantastic year playing with CCC. They started off the year on a positive note, doing extremely well in development blitzes and winning all our group stage games in both the Munster and the Cork Colleges competitions.

They travelled to Dungarvan GAA for their Munster final against Comeragh College. This was a cracker of a game, with both teams playing immense camogie. With CCC having the youngest team in both competitions, it was incredible to watch our 1st year girls scoring goals and points from way out the field against some well-known intercounty players. We came away with an incredible win that day in Dungarvan and a memory that the team and the coaches will remember fondly. CCC had won their first camogie trophy!

Next, was our County final in Mallow against a very strong Tralee team, who again had intercounty stars and most of their players being on the age. However, our young team took them on fearlessly and they did the school so proud.

The girls and the coaches are looking forward to lining out in the purple and black next year, with all but five players moving up the age group, it's going to be a seriously good team!

Well done girls and thank you for the wonderful memories in 2023.

*Camogie Management*



# CCC Ladies Football

Ladies Football is going from strength to strength in CCC! Both our junior and senior teams have had a fantastic year, with both teams featuring in the latter stages of the Munster competitions.

At junior level, we have reached both the Munster and county finals respectively, with impressive wins over Gaelcholáiste Charraig Uí Leighin and Scoil Mhuire Ballingearry en route to the finals.

Perhaps the most impressive aspect of their performances this season was their teamwork and sportsmanship. Whether they were winning or losing, the girls always supported and encouraged each other. They played with passion and determination but also with respect for their opponents.

We look forward to the upcoming finals and hope that we can continue the fantastic run that girls sport in CCC has experienced over the last few months! CCC Abú

*E.O'Sullivan*



# Basketball Roundup 2023



This year has been very successful for all the boys basketball teams in CCC. The first year basketball team were impressive and showed great improvement as the year progressed. Under the guidance of their coach, Ms Whelan, they showcased their unwavering commitment in every game they played. CCC first years ended their season with a resounding victory in the minor BIPPS South Boys Final beating Bishopstown Community School, 25-22.

The second year boys showed great improvement from first year and with a potent combination of skill, strategy and teamwork, they left their opponents in awe throughout the season. In the final showdown, the team delivered a masterful performance, executing precise plays and demonstrating unmatched prowess on both ends of the court beating Coláiste Éamann Rís. The future looks bright for our first and second year players.

Our U16s and U19s also had a terrific year as they were both crowned Cork champions and our U19s went on to become Munster champions. In the U16 final, our boys defeated Coláiste Mhuire of Buttevant

on a scoreline 31-24 in a highly entertaining final. The U19s were very impressive in the final as they defeated CBS Charleville 52-26. In the climactic Munster Final, the CCC team delivered an unforgettable performance. With their impeccable coordination and precision, they outmanoeuvred their opponents, scoring crucial baskets and delivering an impressive defensive display.

The successful season of CCC's boys' basketball team not only brought glory to the school but also fostered a sense of pride and unity within the student body. Their remarkable achievements serve as a testament to the dedication and hard work of the players, coaches, and the entire school community.

As the year draws to a close, the legacy of the CCC boys' basketball team will endure, inspiring future generations of students to strive for greatness. This year's success in the BIPPS South Boys Finals will forever be etched in the annals of CCC's sporting history.

Mr. P. Lucey



# Round Up: School Hurling



## U14 & U15:

Our U14s played plenty of blitzes and challenge matches throughout the year, often coming out on the right side. Similar to the 14s, our 15s had a few challenge games throughout the year and a competitive game to top the season off. Unfortunately, the lads came out on the losing side. Fair play lads, the future is bright.

## U16:

Our U16s started off the year with a game at home in Carrig GAA against Douglas CS. The lads dominated from start to finish and can be proud of their display on the day (Final Score CCC-5:14 Douglas CS-6:2). Next up for the lads was Millstreet in Coachford GAA. Down a few lads to injury, we were narrowly beaten by two points on a score line of CCC 2:9 Millstreet 2:11. This result unfortunately meant we were knocked out of the competition. Well done to all involved in the two games. Special mention to Daniel McCarthy, Paddy Bennett, Roan O'Keefe, Jarlath Cullimore, Rory Dolan and Kevin Jones who worked their socks off in both games.

## U16.5:

Our U16.5s started off the Munster Competition with a game against Carraig na bFhear in Carrig GAA. This was a must-win game in order to progress into the Munster stages of the competition. The lads were in cruise control from start to finish and as a result had another day out of school to look forward to. Next up on the agenda was Killaloe (Clare). This game was fixed for Ballyagran GAA, Limerick. Both teams were neck-and-neck the whole way but Killaloe scored a goal in the dying minutes of the game which turned out to be the winning goal. On another day the lads could easily have come out on top.

## U19 Hurling:

Our seniors started off the year with a game against Millstreet in Ballincollig GAA. After a sluggish start on a dark dreary day the lads finally got motoring and sailed to the finish line, on a 2:15 to 1:11 score line. This meant that

they would move on to the quarter finals. First up for the lads in the Munster competition, was our good old foes Scoil Mhuire Gan Smál, Blarney. Similar to the 16.5 competition, this was a must-win game for the lads in order to get out of Cork. Going into halftime with a lead to hold onto, the lads knew they were going to have to fight with their hearts and souls in order to come out on top. Both teams battled it out in the second half and Blarney narrowly came away with the victory. Each and every player can hold their head up high after fighting until the very end. The lads then turned their attention to the Cork competition again. First up was Carrigaline CS in Carrigaline GAA. The team played a unique style of hurling throughout and the victory was never in doubt.

Next was a huge semi-final against Carraig na bFhear in Mayfield GAA. After a powerful pre match game talk from Mr. McCarthy and Mr. Power the team went out and really showed their opponents what they were truly made of. The lads never took their foot off the pedal and won with a comprehensive score line of 5:18 to 2:4.

Next up for the boys is a final on 19th May in Bride Rovers GAA against Coláiste Mhuire Buttevant. Special mention to Cian O'Riordan, Mark O'Connor, Oisín Lynch, Daniel Covaci, Ben Allen and Shane Buckey who will play their last game for the school next week. Last but not least a huge thank you to Ms. O'Reilly, Mr. McCarthy and Mr. Power for all the work and commitment they have put in throughout the year.

Sean McSharry, TY



**Norman Power presenting a new set of jerseys to Mr. Power & members of the current hurling squad**





## 2nd Year Girls Basketball

What an incredible year it has been for our second year girls basketball team in CCC. The year started with a tremendous victories over Crosshaven, St. Peter's Passage West and Pobalscoil Na Trionoide Youghal.

A win against Colaiste an Chraoibhin of Fermoy before a successful outing against Christ King. After topping the group with five wins from five, St. Mary's Macroom were our quarter-final opponents where the girls came away with a great 42-16 victory.

Loreto Fermoy were our opponents in the semi-final where we won the game 47-26 before we faced Colaiste Trease Kanturk in the BIPPS Junior Regional Final in Neptune Stadium. A bus of supporters went to cheer on the girls on the day and it was a fantastic occasion for all involved. The team went on to win the game with a final score of 42-16 to CCC.

The All-Ireland quarter final consisted of two matches in one day played in Tramore. We faced Ardscoil Na Mara, Tramore first and CCC were victorious on a scoreline of 45-32, before facing Villiers School Limerick in the second game and CCC had a comprehensive victory, 33-16.

The All Ireland semi-final required our girls to play two matches in one day, travelling to Tipp Town to defeat Colaiste Osrai of Kilkenny and St. Joseph's Rochfordbridge of Westmeath. We saw fantastic performances all round and Chloe Hughes and Lucy Walsh scored game highs of 22 points and 28 points respectively.

We travelled to the National Basketball Arena in Dublin to

play the All-Ireland final against St. Dominic's of Belfast. We brought over 100 supporters as well as family and friends of the players.

CCC lead in the first quarter by 19-6 before it was all square at the end of the second quarter. The game continued to be basket for basket all the way to the final whistle. Excellent individual performances brought us into overtime. A last second shot from St. Dominics saw the game ending with CCC on the wrong end of the scoreline 32-35. The girls gave 100% throughout the game and left everything out on the court.

To say we are unbelievably proud of this team is an understatement. Each and every player involved throughout the year has done the team, coaches, CCC and their families extremely proud. The incredible journey this group have been on will continue next year and we are already looking forward to starting up training again.

After an amazing campaign, girls basketball move up a grade and will compete in the 'B' grade next year.

2nd Year panel involved throughout the year:

Lucy Walsh (Captain), Maya Finn Hannon, Rachel Barrett, Sonia Balanzin, Elliot Daly, Lily O' Connell, Naoise Coughlan, Mia Clifford, Nell Allender, Caroline Dobish-Spangler, Sarika Dobish-Spangler, Robyn George, Claire Crowley, Angie Jubril, Chloe Hughes, Mia Finn, Marta Szpotowicz, Abi Barrett, Ava Barrett, Nusi Mohammed, Mia Hickey, Saoirse Daly, Isla Taft, Sara Moynihan.

Coaches: Ms. Murphy, Ms. O' Brien and Ms. Whelan.

*Ms. L. Murphy*



## U15 Rugby

Carrigtwohill Community College had a recent victory in the Aidan Ross Tournament held in Dunmanway. The team demonstrated exceptional skill, determination and sportsmanship.

The team faced some tough competition along the way but they never gave up and kept pushing forward. Their hard work paid off, and they emerged victorious in the final, securing the championship title. One of the standout features of our rugby team's performance was their teamwork. They played as a cohesive unit, with each player contributing their unique strengths and skills to the game. Whether it was a powerful tackle, a well-placed pass, or a perfectly executed try, every member of the team played their part in securing the win.

In addition to their excellent skills on the field, our rugby team also demonstrated great sportsmanship throughout the tournament. They showed respect for their opponents

and officials and always played with integrity and fair play. This is a testament to the character of our players and the values that our school instils in them.

We would like to congratulate the entire U15 rugby team on their outstanding achievement. They have made our school proud, and we are grateful for the hard work and dedication they have shown this year.

We look forward to seeing what they will achieve in the future.

Team members: Sam Douglas (Captain), Dylan Joyce, Eddie Coughlan, Aogán O'Muircheartaigh, Chima Olugbue, Ben McCarthy, John O'Connor, Sam Power, Lucas Quigley, Christopher Cashell, Denis Igboanusi, Noah Nsengiyumva, Keanu Passmore, Ben Joyce, Patrik Adedokun, Jack Heade, Colm McEvoy.

*Ms. V. Dineen*



*Above: U15 team in action*

*Left: U15 Aidan Ross Tournament Winners*

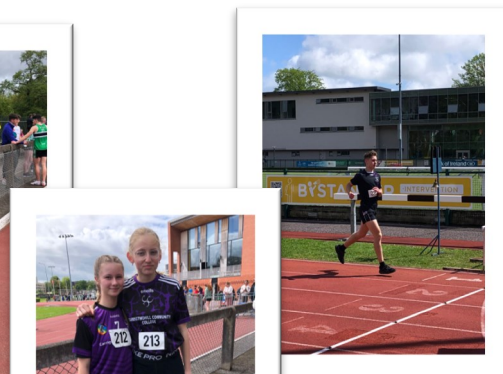
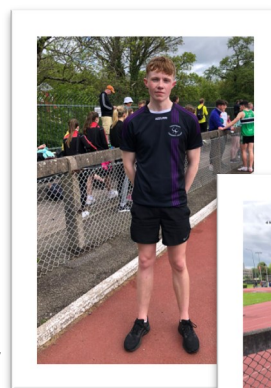
## Athletics South Munster Track & Field

CCC Students who participated in the Athletics South Munster Track & Field Championships in the Mardyke Area on 6th May.

Teresa Jabkiewicz came 2nd in 100m final with Lucy O'Connor and Jerry O'Sullivan running in the 100m heats.

Dinny McLean competed in the 800m (5th place) and Jerry O'Sullivan competed in the 1500m.

*Ms. A. Donnelly*



*Photos from left to right:*

*Dinny McLean (5th in 800m)*

*Lucy O'Connor & Teresa Jabkiewicz (2nd in 100m final)*

*Jerry O'Sullivan competing in the 1500m*

*Minor Girls Soccer 22/23 – Cork Cup, Munster &*

# *All Ireland Champions*

Our Minor Girls created school history to become the first team from the school to win an All-Ireland. We are now on the verge of winning the quadruple this year with the UCC Cup to be played soon. We had a strong team last year and competed well in all competitions. With the incoming first years it really bolstered our ranks and our squad was full of super players.

We started the year brilliantly and we never really looked back! We played 11 games, won them all conceding only 2 goals and scoring a whopping 39 goals. Each and every game is a real squad effort. All of the girls from 1 to 20 put in a fantastic effort and deserve

everything that falls their way. What stands out about this bunch apart from their skill is their attitude and fight for each other, it is something to be admired! With only three members of the squad overage next year, the future is really bright.

Squad: Lily Burke Curley, Sarah Cronin, Robyn Keating, Isabelle Snow, Emma O'Shea, Kinga Prasjnar, Rachel Barrett, Maedhbh Carroll, Clodagh Dorgan, Lily O'Connell (Capt.), Zoë Allen, Sonia Balanzin, Megan Walker, Amelia Sheehan, Aisling Kennedy, Naoise Coughlan, Abigail Cronin, Robyn George, Caoimhe Stenhouse, Kaci Rice.

*Mr. D. Purcell*



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