



Principal's Address

Welcome to our first CCC newsletter which will give you a flavour of the many activities, events and opportunities available to our students and teachers. As a college, we are focused not only on the best academic outcomes for every learner but also on supporting their growth as independent, resilient and respectful young people. Throughout our college, there is much evidence that our students are positively engaged as their teachers challenge and encourage them to become resourceful and confident learners in all aspects and stages of their lives. This practice is reinforced by the support of the parents and guardians of our school community together with the links that we are forging with the community of Carrigtwohill.

The ethos of our co-patrons, Cork ETB and the Diocese of Cloyne, is also inherent in the educational experience for all in CCC. We continue to be committed to building positive relationships with all in our school community, not least those in the centre - our students. As you read through this newsletter which opens a window in to the world of CCC, may I wish our students, staff, parents and guardians of the Board of Management, colleagues and friends in Cork ETB and the Diocese of Cloyne, and not least members of the community of Carrigtwohill, a very happy and peaceful Christmas.

Lorna Dundon

Principal



CCC Students at Montserrat during School Tour to Barcelona in September



2nd Year College Tour - Barcelona

After nine months of planning and preparing, Friday 21st September finally arrived. Our second-year students departed for Barcelona from Cork airport to participate in a host of cultural and social activities during our annual 2nd Year College Tour. The students enjoyed the many activities that had been organised for them over the four days. Cultural highlights included visiting Camp Nou, Sagrada Familia, Guell Park and Barcelona Aquarium. The students also appreciated the social activities of bowling, chilling out by the hotel pool, Port Aventura water park and Montserrat.

The first two days on tour were spent in the city centre of Barcelona sightseeing La Sagrada Familia exterior, the Gothic Quarter and Cathedral, Passeig de Gràcia and Casa Mila. After dining on the famous Las Ramblas, we ventured further to explore the amazing Camp Nou at Barcelona Football Club. We finished our night off with a sumptuous buffet dinner.

Day three of our tour and the sky was literally the limit. The day began with our students basking in the Barcelona sunshine with a relaxing lounge around the hotel pool. The thrills of Port Aventura amusement park followed, with some of Europe's tallest and longest water rides. The evening finished with a spot of shopping along the promenade of Salou.

Our final morning was spent visiting the beautiful site of Montserrat; a mountain top Benedictine monk monastery. What a beautiful spot to unofficially end our European tour! We had a chance to reflect on the wonderful time we had spent together in such an enriching and vibrant city, also giving us a chance to reflect on the year ahead of us.

We returned as 56 tired students and 6 very proud teachers! This group of students represented their college extremely well for the duration of the tour. A special word of thanks to Mr. O'Brien for taking on the task of organising the tour and to the additional teachers who gave up their free time to accompany and assist.

While the school tour's primary focus is educational in the academic sense, the opportunities provided by the tour for social and personal development are countless and greatly support our student's holistic development. For many students, going on the school tour in second year is their first time away from home. This provides the students with opportunities to reflect on, examine and build their own resilience. They need to become responsible for themselves and their own financial management of pocket money etc. And most especially, for a student to have a successful tour, he/she must interact well with those around them (be they peers or adult leaders). Carrigtwohill Community College school tours can proudly say that our school tours do all of this, as well as following an exciting and engaging itinerary!

Mr. C. O'Brien



Students at Camp Nou



Science Week

Our future scientists were busy celebrating National Science Week this year from November 11th - 18th. Science Week is an annual week-long event celebrating science in our everyday lives.

Science Week is a collaboration of events involving industry, colleges, schools, libraries, teachers, researchers and students throughout Ireland.

To kick-start the week, our first years took part in a dance-off to the Scientific Method Song.

In exploring the field of anatomy, all students were given the opportunity to engage in an examination of a rat dissection.

The annual first year trip to UCC took place where students participated in a DNA workshop, extracting DNA from strawberry plants and sitting in on a lecture on STEM careers.

Coinciding with Science Week, 1st year students also launched their own designed and developed rockets as part of their short course in STEAM.

Mr. D. Crowley



*Keelan Aylward
extracting DNA in
UCC*

Trip to UCC— Student Report

On Thursday 15th November, the first years went to UCC to celebrate Science Week.

Walking into the building really was amazing. There were really big buildings and some people even waved at us from the top of them.

Firstly, there was a presentation from one of the lecturers. She basically told the first years her life story. She was a horticulturist.

Next, we extracted the DNA from a strawberry. There were quite a few steps to follow in the experiment and it's hard now to remember them all but we had to use alcohol, soap and a bit of salt water. Most importantly, we did succeed in extracting the DNA – and it was fun!

All in all, it was a great day and a fabulous experience to step foot in UCC.

Victor Obiejesi

College Opening Mass

Fr. Bermingham blessed the beginning of the College's third year by celebrating Mass on Wednesday 19th September in St. Mary's Catholic Church in Carrigtwohill. It was the first occasion of the school year; the entire student body were brought together to attend mass.

Prayers of the faithful were delivered by Jodi O'Connor, Aoibha Walsh, T.J. Collins, Deborah Tamarcoe and Mark Durango. The offertory gifts were brought up by Victor Obiejesi, James Barrett, Ava Byrne, Aishling Williams and Craig Murphy. Maja Nawrot, Osawaswe Edomwande and Dean O'Brien acted as altar servers. Aoife Ahern read the first reading.

The choir and musicians, under the direction of Ms. Daly and Mr. Cashman, truly enhanced the liturgy. Mr. O'Brien, together with the help of Jack Barrett and Sophie O'Connor in the capacity of assistant

organisers, ensured everything ran smoothly. Special thanks to all who contributed to making the celebration prayerful and meaningful.

Mr. C. O'Brien



College Opening Mass



STEAM – FOTA Wildlife Park Enrichment Module

As part of the school's Short Course in STEAM (Science, Technology, Engineering, Art and Maths), all second year students have been busy designing Enrichment Tools for the animals of FOTA Wildlife Park.

Enrichment Tools are objects provided to animals in captivity to improve their welfare by stimulating and challenging them. There are many different types of enrichment including food-based, sensory and social.

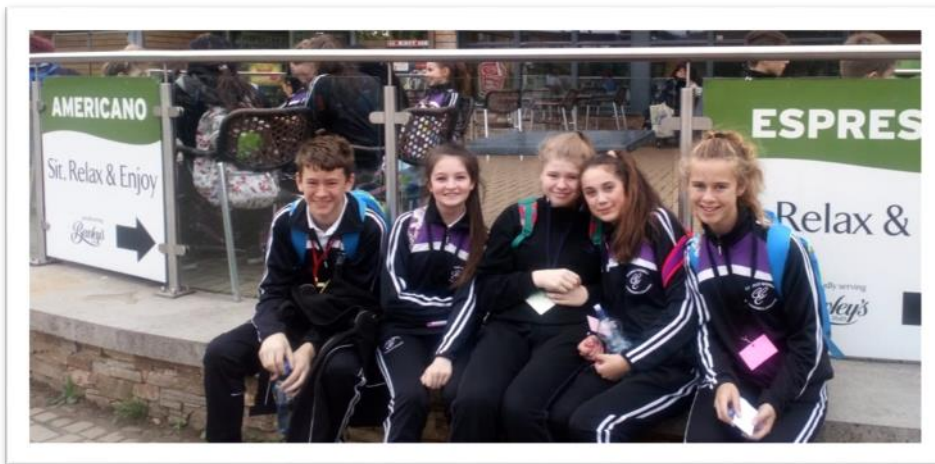
In September, students visited FOTA Wildlife Park, where they were given a presentation on the

principles of Environmental Enrichment. On the day, students developed simple enrichment tools and observed how effective they were in engaging animals. This included a very exciting viewing of the tigers working hard for their food. Students finished the day by surveying the animals that they would be designing for. These animals include pandas, gibbons, tigers, parrots, lions, monkeys, cheetahs and meerkats.

As students make the final adjustments to their tools that they have been designing and building, they are now preparing to present their fantastic work to the zoo keepers of FOTA Wildlife Park. So

the next time you visit the park, keep an eye out and you might catch a monkey hanging from a CCC swing.

Mr. D. Crowley



Robbie Horgan, Lauren Dean, Tina Silova, Ruby Savage & Aoife Lee taking a break on the recent trip to Fota

CCC Film Night

The CCC Film Night was instigated as a means to raise money for charity while providing a fun opportunity for students to come together. To date we have had two successful and thoroughly enjoyable movie nights.

Over 40 students absolutely enjoyed our first monthly film night. The chosen film was 'The Sixth Sense' and while there were a few scares, everybody appreciated the night and it fixed the enthusiasm for November's film night.

For our second movie night, students had the opportunity to watch 'Invictus', a movie that is both educational and inspiring, providing an excellent lesson about post-apartheid South Africa, national unity, compassion, and the universality of sports.

Almost **€200** has been collected so far and donated to charities of the students' choice. The first month, monies were donated to the

local St. Vincent de Paul and last month to Simon Community. The students have the autonomy of choosing the beneficiary each month.

This really is a beneficial social activity for all.

Mr. C. O'Brien



Students enjoying CCC Movie Night recently



Maths Week 2018

Reasoning and problem solving are skills whose use extends far beyond any Maths classroom. With this in mind, problem solving and reasoning became the theme for Maths Week 2018 which ran from the 13th - 21st October. Our resident puzzle character,

Pablo, was joined by two of his friends Pádraic and Pierre. The three amigos would appear daily in different locations

around the school, each accompanied by a puzzle. All students were encouraged to participate in trying to solve these puzzles and to submit their thoughts, workings and possible solutions by email to members of the Maths department. Healthy competition was alive & well in the staff room too as puzzles appeared daily for staff to 'enjoy'.

Students were recognized and rewarded for their

efforts receiving both a 'Certificate of Participation' and positive behaviour points.

Meanwhile in the staff room craic was had as staff enjoyed some π (pie) and cheesecake for their good efforts. Well done & thanks to all for your participation.

Ms. F. O'Regan



Students & Staff enjoying Maths Week 2018

Board Games Club

At Carrigtwohill Community College we have started a board games club for all years. It is a chance to play all the old favourites, make new friends, and hang out with old friends; all in a comfortable and social environment.



In the club we have Chess, Guess Who, puzzles, jigsaws, brain teasers..... to name but a few. You can bring your lunch and eat it there and there's no specific time... come along anytime during lunch.

Our Board Games Club takes place Monday lunchtimes in the History Room.

Leah Maher

Supervised Study

Monday - Friday
after school

Details available from
the school office

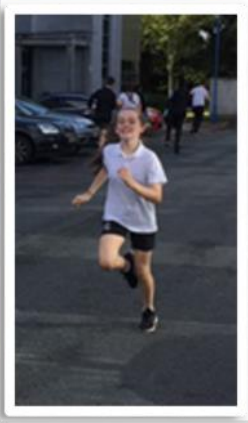
Tel: 021-4853488



Wellbeing & Mental Health Week 2018

Wellbeing provides learning opportunities to enhance the physical, mental, emotional and social wellbeing of students and will enable students to build life skills and develop a strong sense of connectedness to the school and to their community.

Wellbeing guidelines can be accessed at www.juniorcycle.ie/NCCA/Wellbeing.



Alannah O'Connell during 1-Mile Run

The Wellbeing team are currently reviewing our practice and focusing on developing a whole school Wellbeing policy, the participation of all educational partners in the promotion of Wellbeing at our school is always encouraged and welcomed.

Mental Health Week 2018 was celebrated the second week of October this year. During this week, activities were organised that encouraged and supported

our students in becoming Active, Resilient, Respected, Connected, Responsible and Aware. These are the indicators of Wellbeing that are fully embedded in the curriculum, culture, policy and planning and relationships in CCC.

Second year art students and third year's Rang Cliona's SPHE class created a wonderful display of posters in the form of phrases/slogans/pictures etc. that promote positive mental health. The walls of CCC are decorated beautifully as a result.

During assembly on Monday 8th October, Ms. Roche lead the 7-11 breathing technique over the intercom and all teachers and students participated. The purpose of this technique is to reduce stress and encourage relaxation. Students are often reminded of its benefits and encouraged to use it regularly, especially in

situations where they are feeling overwhelmed.

During SPHE classes, all students

completed a self-evaluation survey on

Wellbeing – as well as

providing the Wellbeing team with information on how we are performing in relation to the promotion of Wellbeing, the completion of such a survey allows students time to reflect on their own current state of Wellbeing.

Our 'Radiate Positivity' poster was a huge success, with both student and staff members commenting on how stopping to read some of the thoughts/phrases on it can encourage positivity, especially during a day when things are getting on top of you. All students were involved in the creation of this poster.

On the Thursday afternoon, all students participated in our 3rd annual Mile Challenge. This is a 1-mile fun run which emphasises participation whether it be walking, jogging or running and promotes such activities as part of a balanced healthy lifestyle. There is also a focus on improvement as students can gauge their progress from their first challenge to the next. We are currently awaiting the arrival of colour coded wrist bands which will be presented to students at our Christmas Celebration. Congratulations to each of the two students who ran a sub 6-minute mile!

Ms. M White



1-Mile Fun Run Start Line during Mental Health Week 2018



Yoga Club

At Carrigtwohill Community College we are trying to instill a holistic approach to our education. With this in mind, Ms. Roche facilitates the Yoga Club. Using mindful breathing techniques and yoga, we begin our week in a positive mindset. Mindful breathing helps to develop a positive mental attitude and personal resiliency within the individual.

The sun salutation is one of the finest yoga practices for the development of your body, mind and soul. 'Our morning salutation' welcomes the day ahead with gentle flowing movements and starts off our week in school on a positive note.

The Yoga Club gives attendees the knowledge to practice yoga and mindful breathing techniques at home or in their free time.

The Benefits of Sun Salutations.

- ✿ Unwinds the body and mind.
- ✿ Helps your heart, improves digestion.
- ✿ Helps regulate stress levels.

Yoga Club - **Thursday mornings – 8.25am - Art Room**

Ms. C. Roche

Students preparing themselves for the day ahead with morning yoga



Cookery Club

**Wednesdays
1.00pm –2.30pm**



Learn how to make tasty, healthy & nutritious dishes in a relaxed and inclusive environment.



Max 8 places for 1st Years
and
Max 8 places for 2nd Years....

Sign up sheet on Home Economics notice board
outside Home Economics Room

Music at CCC

It has been a very busy term in the Music Department at Carrigtwohill Community College.

Our wonderful choir performed at the School Mass at the beginning of school year back in September. There was a beautiful performance on piano of 'Jesu my joy' performed by 2nd year student Alan Chen.

The Music Department were also represented at the CCC Open Night. Thanks to students Oisín McSweeney, Deborah Tamarcoe and Alan Chen for performing for prospective 1st years and their parents.

Who could forget the Christmas Extravaganza... we raised the roof! Thanks to all choir members who performed on Saturday 24th November.

Upcoming events!

Scór competition in Leamlara!

The School Choir will perform at the Carol Service in the Parish Church in Carrigtwohill on December 16th.

Panto date to be announced!

The **Music department** meets...

Choir - Tuesday lunchtime - Music Room

Drama Club – Monday afterschool – Art Room

Ms. W. Daly





Christmas Extravaganza!

The inaugural CCC Christmas Extravaganza was held on Saturday 24th November in Carrigtwohill Community Centre.

From Santa's Grotto, to Candy Cane Lane, Children's Festive Face-Painting to Story Telling Corner, Elf Arts and Crafts, to the Cookies, Cakes and Coffee Station, all angles were covered. Our heavenly CCC College Choir, along with the Carrigtwohill Gospel Choir, provided us with festive tunes, and artistic Christmas decorations created at Craft Club were available for purchase.

As a college, we never cease to be amazed at how creative, hard working, committed and supportive

our fantastic Parents' Association is. Led by Head Elf, Dympna Nolan, who deserves a special word of thanks, her amazing team of elves

(parents) spent the last seven months preparing and planning for this event and the enormous turnout on the day is testament to their efforts.



Santa's Grotto



Students paying Santa a visit

We were very proud to have our own students, who turned up in huge numbers, to assist with face-painting, story time, and manning the many stalls. Many thanks to the sponsors of the 53 amazing prizes and to the Community Council for offering

Story Time



the use of the community hall. As a growing college we know the importance of building links and relationships with the community and events such as these allow us to copper-fasten our commitment to the community of Carrigtwohill and beyond; so thank you to all who supported and enjoyed the festivities.

Mr. T. Long

Debating Club

The Debating Club gives students of all abilities a fun way of developing their oral communication skills. The club also helps students to become more informed about political and global current affairs.

Through debating in front of an audience, students grow in confidence and it instills a great sense of poise. Debating teaches the students the skills of researching, organising, and presenting information in a compelling fashion and it benefits critical thinking skills.

There are about twenty active members from all year groups in the school.



The club is run by its members and facilitated by Ms. Collins.

The Debating Club meets every **Tuesday afternoon from 3.30pm-4.15pm.**

Ms. C. Collins



Debating Club in action—Tuesday afternoons



Lego Club



LEGO Club is absolutely about using our scientific and robotic based minds whilst having great fun and developing friendships.

In LEGO Club, we express our opinions and come up with a plan for a certain theme. The theme this year is all about astronauts being in space. As a team, we have come up with the idea of a space pod where astronauts can contact home when in the rocket and relax at the same time. A lot of hard work went in to this idea, however for this competition we do not have to make the product, we only have to express our idea to the judges.

Team members include Imran Shareef, Victor Obiejesi, James Barrett, Chidi Olugbue and myself, Aishling Williams.

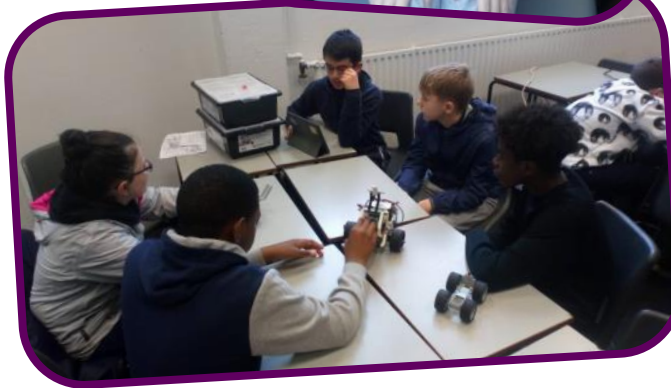
As a member of the team I would like to thank the teachers that facilitate the club, Ms. O'Reilly and Mr. Crowley.

Check out Issue 2 for the latest update on our progress in the Lego League.

The Lego Club meets **Wednesdays in the Science Lab 1:30pm to 3:30pm**

Aishling Williams

Lego Club Members Victor Obiejesi, Aishling Williams, James Barrett, Imran Shareef and Chidi Olugbue, on recent trip to UCC, and below the members experimenting with models



Creative Writing

The first years have been studying a unit under the theme 'Mystery and Menace'. Based on the poem 'The Visitor' by Ian Serraillier, the students wrote an imaginative piece. Here is a sample of their work.



The Visitor

It was a dark and stormy night. The sea threw itself against the rugged cliff side. A creaky gate swung in the wind. A sea of gravestones, an ocean of bones.

A lone figure struggled against the storm. A glint in the darkness he saw. A bright ruby ring it was. A bony hand reached up out of the earth. The man took the ring and sensing something was wrong, ran as fast as his legs would carry him.

The man burst into his house and sprinted into the kitchen. His lover was preparing a roast for their dinner. The man came from a poor family and couldn't afford a ring for his lover. He proposed there and then, his lover became his fiancé and they slinked off to bed. A bolt of lightning woke the man from his slumber. A second bolt of lightning, closer this

time, lit up the room as something called from the darkness, "Give...me...back...my...ring," hissed a deadly female voice. A creature scurried across the floor on all fours. "GIVE ME BACK MY HUSBAND'S RING!"

"THROW IT AWAY!" screamed the petrified man to his fiancé. The women did, hands shaking. The ruby red ring sailed through the air and out through the open window and into the darkness outside. With an excruciating scream, the creature made from bone threw itself out the window and followed the ring into the darkness.

Mitchell Walker & Mark O'Keefe (Rang Bláthnaid)



Craft Club



The craft club is to help the students to bring out their creativity. Ms. Roche and Ms. Daly facilitate the group and are extremely creative. Students develop life skills by learning about different styles of art with Ms Roche and cookery skills with Ms. Daly.

The craft club uses the Christmas Extravaganza to advertise, promote and sell our efforts as a club. It brings together the students, the parents, the college and the community. A lot of hard work and participation by both students and parent association members have created this fantastic venture.



The Christmas Extravaganza is a great opportunity for everyone to bring out their Christmas spirit. It is also giving people ideas to recycle and upcycle.

Overall the Christmas extravaganza was amazing and if you went and enjoyed it or have any ideas on how we can improve, please let us know.

We are constantly improving our ideas and opportunities for a small school. I loved helping with the Christmas Extravaganza and I feel like it helped me develop so many skills

Craft Club takes place after school on **Thursdays in the Art Room**

Abbie Eady



Club na Gaeilge

Tóg go bog é agus ól cupán tae

Gach Dé Luain tar éis scoil

Am: 15:45



Le: Iníon Ní Dheisigh agus Iníon Ní Chualáin

History Club

History Club meets in **F05** on Monday lunchtimes.

All are welcome to come along!!!



Do you enjoy your History lessons? Do you watch Horrible Histories at home? Do you watch historical films?

In that case History club could be for you...

In History club we will look at parts of the past which we don't get the chance to in class.

History Club starts Monday 2nd November (at lunchtime). We hope to see loads of you there!!!

Mr. A. Cashman



CCC Parents Association

It has been another busy year for the Parents Association.

We are delighted that our fundraising efforts have resulted in the purchase of a set of rugby jerseys which were proudly worn by our rugby team in their last game. Their swift delivery was thanks to the efforts of Jackie Bogue (outgoing Chairperson), a testament to her dedication and commitment as Chair.

We would like to publicly thank Jackie, and the outgoing Committee, for their efforts over the inaugural two years of the Association. A heartfelt welcome also to our new committee and Chair, Mary O' Connor.

Our latest fundraiser, the Christmas Extravaganza, on Saturday 24th November was simply outstanding. The level of community spirit on display between the School and our Community was a proud moment for all involved. Students, parents, teachers and our



Mary O'Connor & Annette Covaci at the recent Christmas Extravaganza

school. A special thanks to Dymhna Nolan and all her elves who put in a phenomenal amount of work over the last few months.

We thank you all for your continued support and would encourage and welcome any parents, who have not done so, to attend our meetings which are always very welcoming, and we would love your input. May we take this opportunity to wish you and your families a very happy Christmas and a peaceful new year.

Mary O'Brien

Secretary, CCC Parents Association

'Cleachtadh a dhéanann máistreacht'

Bíonn an Ghaeilge in úsáid go rialta i gColáiste Pobail Charraigh Thuathail.

Gach lá úsáidimid an Ghaeilge i gcásanna éagsúla ar scoil.

Tá béim láidir ar an nGaeilge.

Beannaímid a chéile le 'Dia dhuit',

'Dia is Muire dhuit',

'Conas atá misneach' nó 'Conas atá cúrsaí'.

Nuair a bhíonn an múinteoir ag glaoch amach an roll a freagraímid 'Anseo' nó 'Tá sé/sí as láthair'.

Tá lipídí ar nós Obair Bhaile, Dáta agus Intinní

Foghlama ar an gclár bán i ngach seomra.

Tá sár mheas ag an scoil ar ár dteanga dúchais agus tá sé seo so-fheicthe timpeall na scoile.

Osawyese Edomwande

Déanaimid nithe praiticiúla chun an Ghaeilge a chur chun cinn i dtimpeallacht na scoile. Mar shampla, bíonn bileog greamaithe ar dheascanna na múinteoirí le frásaí úsáideacha chun a chur i gcuimhne orthu an Ghaeilge a úsáid mar theanga cumarsáide. Bíonn an Ghaeilge in úsáid gach aon uair a bhíonn fógra ar an ngléas idirchumarsáide agus feictear an-chuid fógraí as Gaeilge ar láthair na scoile agus is comharthaíocht dhátheangach a bhíonn in úsáid ag Coláiste Pobail Charraigh Thuathail. Tá meon aigne dearfach ag foireann na scoile i dtaobh na Gaeilge agus ba bhreá linn go mbeadh roinnt Gaeilge in úsáid ag pobal na scoile gach aon lá den tseachtain. Beatha teanga í a labhairt.

Iníon S. Ní Dhéisigh

Ladies Gaelic Football



Carrigtwohill Community College's Ladies Football team has had a busy few months with matches and regular training so far this year. Ms. Ní Chualáin and Ms. O'Sullivan are privileged to be associated with such an enthusiastic and dedicated group of girls. Thanks to the hard work Ms. O'Reilly has been putting in to establishing the GAA community in CCC, the college now has an extremely talented group of girls representing it in two separate football competitions this year: the U16's Competition and the 1st and 2nd Year competition. Clodagh O'Regan, who only recently rekindled her love for football, has been a leading example in captaining the U16's team. Her dedication and drive on and off the pitch is something to be admired. Both Clodagh and Clara McCarthy have been a force to be reckoned with at midfield. Clara's ability to field a high ball and deliver long range points has proven invaluable. Equally, 3rd year's Abbie O'Connor has shown flexibility and talent in her ability to play effectively in every position; along with fellow classmates Hazel Nolan, Sophie O'Connor and Emma Grimes performing extremely well in their defensive positions.

Aoife Ahern, captain of the 1st and 2nd year team, has been surprisingly effective at midfield. Aoife's fitness, skill and determination makes up for what she lacks in height, *'Though she be but little, she is fierce'*. Katie Ryan's strength and power at midfield has been an asset to the team; that, coupled with her ability to get the ball to skilful forwards such as Alannah O'Connell, Lucy Twomey and Sinéad Crowley, makes her an accomplished team player.

Sinéad's accurate left and right foot makes it hard work for any defender to stop her delivering the ball to the likes of Alannah and Lucy, who always manage to find the back of the net. Aisling O'Regan and Robyn Walsh perform well both defensively and offensively. These girls work like trojans from beginning to end of

every match and are always first to the ball.

Hannah Dikibo stepped up to the plate early on in the year when she put herself forward as goalkeeper. Her bravery and eagerness to improve has led her to becoming a reliable goalkeeper where she has performed some life-'saving' saves. Hannah is put at ease by the dependable Jodi O'Connor. Jodi is powerful, reliable and confident in her position at full back and assistance from the likes of Aoife Lee, Amy Cunningham, Rachel Adedokun, Jennifer Adebayo and Rachel O'Meara makes Hannah's job much easier. Finally, it cannot be denied that both defence and midfield are always at ease when the ball reaches the talented Sarah Barret. Sarah is passionate, devoted and a phenomenal footballer with a bright future, a player who never drops her head... or the ball! Her fielding skills and willingness to block any ball makes her one of Carrigtwohill Community College's most reliable defenders.

Although we haven't had many wins since the beginning of this year, there have been many matches where the team have narrowed the gap and been in close competition with their opponents. There are a number of talented footballers who have not been mentioned in this piece that we hope to see at training and matches very soon. I have no doubt that within a short time, Carrigtwohill Community College's Ladies Football Team will be thriving and prospering mar ag deireadh an lae, *'De réir a chéile a thógtar na caisleáin'* (Rome wasn't built in a day).

Iníon T. Ni Chualáin



CCC Ladies Gaelic Football Team

Rugby at CCC



CCC Rugby Team

There is great energy and excitement this year surrounding our after-school rugby. The numbers are continuing to build, and the aim is to field a number of teams in various blitzes and shield competitions this year.

In order to prepare our students and to give confidence to our rugby players Vincent O'Leary, development officer with Munster Rugby worked with 1st year PE classes for three weeks before after school rugby began.

Our debut blitz took place in November on the hallowed turf of Irish Independent Park. Team CCC narrowly lost out to St. Colman's College, Midleton, in the first of our three games with just a five point

margin at the final whistle. Every Carrigtwohill player came off the pitch happy with their individual performances and confident in the knowledge that the result could have gone either way. Unfortunately, things didn't go Carrigtwohill's way when we lined out against a very strong Ballincollig Community School side. However, showing great resilience and

determination to reflect on and learn from that game, we came storming out in the final game against Douglas Community School with the final score of 22 - 0; more than making up for the earlier disappointment!

All involved in CCC rugby are certain that our team will only go from strength to strength. A special word of thanks to our fantastic Parents Association for their tremendous support and hard work in providing us with this amazing set of jerseys that we will be proud to wear for years to come.

Rugby takes place **Thursday after school 3.30 - 4.30 @ The Community Centre Astroturf**

Mr. C. O'Brien

Congratulations to Carrigtwohill Girls U14 Camogie County Champions

From L-R: Sinead Crowley, Abbie O'Connor, Katie Ryan, Alannah O'Connell and Aoife Lehane





Camogie News

Following a successful introduction of Ladies Football into CCC, and an increase in the number of girls attending the school, we decided to introduce camogie for the 2018/2019 year. Although our panel is small, we are very fortunate to have a talented and enthusiastic bunch of players. The team has been entered in to an U16.5 Cork Camogie Colleges competition. Even though they are younger than their opponents, the girls have proven that with great determination and heart they can compete competitively against more experienced and older players.

Our first championship game of a round robin series took place recently against Coláiste an Chraoibhin, Fermoy. Whilst we got off to a slow start, the girls found their feet as the game went on. In the second half, the girls settled into the game and played with more confidence and skill. We were unfortunate that the lead gained by our opponents in the first half was too much to overcome. Coláiste ran out winners in the end by 4 points. We can take great heart from this display.

Our recent outing against Midleton Community College saw the improvement we needed. The CCC girls were victorious with a narrow win of 4-10 to 4-8, a fine display from the team. The win was just the encouragement we needed as it proved our efforts are paying off.

We look forward to our future games.

Camogie in the school has been given a great boost with our local camogie club Carrigtwohill winning the u14 Camogie County Final V Sliabh Rua in October and the inclusion of our team member, Sinéad Crowley being selected for the Cork U14 panel.

Great credit is due to our trainers Mr N.Mc Carthy and Ms L.O' Reilly.

Ms. L. O'Reilly



CCC Camogie Team

Hurling Update



CCC Hurling Team

Since our school opened in 2016, it was one of our priorities to form a hurling team. As our numbers were small, we were unable to enter a team for any competition in our first year. Despite this, the boys still went out training every Wednesday evening.

As our numbers grew over the past two years, we have been able to enter a team at U16 level in the Cork PPS competition and at U15 level in the Munster Colleges competition. Since September, we have trained consistently every Tuesday after school with a panel of 23 players. There has been a lot of work done with this group of players, and one can only admire their commitment and dedication.

In our first competitive match at U16 level, we came up against a very strong and experienced DLS Macroom side. Unfortunately, we did not perform to our potential and we fell short on the day. However, we hope to learn from this experience and put it to good use when we compete at U15 level in the Munster Colleges competition in the New Year. If this group of players can keep this positive attitude and enthusiasm that they are currently showing in abundance, success in CCC will not be far off.

Finally, we would like to congratulate our local hurling club, Carrigtwohill on winning the U14 League final and to the U16s and the U13s for reaching their league finals respectively. No doubt this is a great boost to hurling in our school.

Thanks to our trainers Mr. N McCarthy and Ms. L O' Reilly.

Ms. L. O'Reilly



Orienteering



Orienteering Teams heading off to a recent competition

Congratulations to our fantastic boys first and second year orienteering teams that each placed third in the orienteering league and will receive bronze medals. First year student, Joshua Hoare, individually came in first position with incredible times of 13.54 minutes in Farran Woods and 17 minutes in Doneraile Forest Park. Well done to all involved. We look forward to competing in the upcoming orienteering championships.

Ms. M. White

Wordsearch



Words to find

BIRTH	CAROLS	CHRISTIANITY
CLAUSE	ELVES	HOLIDAYS
HOLLY	MERRY	PRESENTS
REINDEER	SANTA	SNOWMAN
WINTER		

created by Jasmine Obi

All the World's a Stage

It's panto time! Oh no it's not! Oh yes it is!

*Our Drama Club and Music Club have come together and are currently rehearsing for their very own stage production of **Cinderella**. With the help of Buttons, Red Riding Hood, Mary Poppins and, of course, the fabulous Fairy Godmother, Cinderella must get to the*

GAA disco so she can finally meet the dashing Prince Charmer. Only the Ugly Step Sisters and the Big Bad Wolf stand in her way!

With a cast of over thirty actors, singers, dancers and stage hands it is going to be a huge success and will take to the stage after Christmas.

*Rehearsals take place every **Monday evening from 3.30 to 5pm in the Art Room.***



Mr. A. Cashman & Ms. W. Daly



Newsletter Club

CCC Newsletter Club

Lunchtimes Monday
Computer Room

Calling all reporters, photographers, contributors and organisers or anyone who would like to be involved in the NEW CCC NEWSLETTER. Come join us!

...with Mrs. Lowe, Iníon Ní Dhéisigh and Mrs. Hayes



Newsletter Team hard at work on Issue 1

Our first edition is here and we are very proud of our achievements. Well done to everyone involved in the Newsletter Club and thank you to all who contributed.

Members:

Alex McCarthy, Abbie Eady, Robyn Murphy, Osawuese Edomwande, Ava Byrne, Maja Narwot, Jasmine Obi, Aishling Williams, Robbie Horgan, Victor Obiejesi, James Barrett, Edan Leahy, Leah Maher, Ms. Hayes, Iníon Ní Dhéisigh and Ms. Lowe.

Editor: Ms. S. Lowe

Creator & Designer: Ms. J. Hayes

If you would like to contact us or submit an article please do so at cccnewsletter@corketb.ie

Staff Photo October 2018



Back row (L-R): Brendan Cronin, Gillian O'Callaghan, Áine Daly, Elaine Fitzgerald, Síle Lowe, Suzanne Ní Dhéisigh, Louise O'Reilly,

Middle row (L-R): Fiona O'Regan, Niall McCarthy, Alan Cashman, Juliann Hayes, Diarmuid Crowley, Alan Keane, Triona Ní Chualáin, Maria White

Front row (L-R): Colm O'Brien, Caroline Collins, Tadhg Long (Deputy Principal), Lorna Dundon (Principal), Aimee Hallissey, Winnie Daly, Claire Roche

Absent from photo: Karen Crowley, Monika Okuniewska, Katie Bohill, Eva O'Sullivan, Ann O'Riordan



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